



OFFICE OF THE MAYOR

PROCLAMATION

Mental Health Awareness – May 2023

WHEREAS, mental health is essential to everyone’s overall health and well-being; and

WHEREAS, mental illnesses are real and prevalent in our nation, and half of us will have a mental health diagnosis at some point in our lives; and

WHEREAS, all Americans experience times of difficulty and stress in their lives, and should feel comfortable in seeking help and support to manage these times; and

WHEREAS, engaging in prevention, early identification, and early intervention are as effective ways to reduce the burden of mental illnesses as they are to reduce the burden of other chronic conditions; and

WHEREAS, there is a strong body of research that identifies behavioral health risks and supports specific tools that all Americans can use to protect their health and well-being; and

WHEREAS, with effective treatment before Stage 4, all individuals with mental illnesses – even serious mental illnesses - can make progress toward recovery and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen has a responsibility to promote mental health and well-being for all.

NOW, THEREFORE, I, Anissa Welch, Mayor of the City of Milton, do hereby proclaim May as Mental Health Awareness Month.

Further, I also call upon the citizens, government agencies, public and private institutions, businesses, and schools in the City of Milton to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illnesses

Signed this 2nd day of May, 2023

Mayor Anissa M. Welch

Attest:



Jenny Salvo, City Clerk